

# Conflict Resolution for Camp Counselors



HOW TO BECOME A CAMP SUPERHERO!

# Introduction & Objectives



## Welcome to Conflict Resolution for Camp Counselors

About Your Facilitator: [INSERT NAME HERE]


### COURSE OBJECTIVES:

1. Gain effective conflict resolution skills.
2. Learn how to stay calm, assess safety, and respond appropriately during conflicts.
3. Foster a supportive and positive camp environment.

# Agenda

- Ice-Breaker Activity
- Lecture
- Scenario Video
- Small Group Role-Play and Brainstorming
- Real-World Application Discussion
- Conflict Resolution Quiz
- Closing and Q&A





"Peace is not the absence of  
conflict, but the ability to handle  
conflict by peaceful means."

— R o n a l d R e a g a n

# Ice-Breaker Activity

## INSTRUCTIONS:

1. Reflect on a Time You Resolved a Conflict.
2. Discuss with your partner: What strategies did you use? What was the outcome?
3. Share key points with the group.



# Conflict Resolution

The basics of conflict resolution is an essential skill for every camp counselor

- **What is Conflict Resolution?**
  - Conflict resolution is the process of resolving a dispute or a conflict by meeting at least some of each side's needs and addressing their interests.
- **Importance of Conflict Resolution in a Camp Setting**
  - In a camp setting, conflict resolution is crucial as it helps maintain harmony, ensures safety, and promotes a positive camp experience for all.



# Key Concepts

- **Types of Conflict**
  - Conflicts can be interpersonal, group-related, or situational. Recognizing the type of conflict helps in choosing the right approach.”
- **Steps to Effective Conflict Resolution:**
  1. Stay Calm
  2. Assess for Safety
  3. Respond Appropriately

Each of these steps is vital and we'll explore them in more detail through our activities.



# Brief Discussion

What types of conflicts have you encountered in your past experiences? How did you handle them?"

- Feel free to share your thoughts and write down key points in your participation guides.



**"Peace is not merely a distant goal that we seek, but a means by which we arrive at that goal."**

— Martin Luther King, Jr.

# Handling Conflict Resolution



Key aspects to observe:

1. Staying calm
2. Assessing safety
3. Responding appropriately

# Handling Conflict Resolution

## DISCUSSION:

1. How did the counselor demonstrate staying calm in this scenario?
2. What actions did the counselor take to assess the safety of the situation?
3. How did the counselor respond to the conflict appropriately?



# Conflict Resolution Role-Plays

## INSTRUCTIONS:

1. Choose and conduct a group role-play using 1 of the scenarios *(below)*
2. Answer questions in your Participation Guide *(pages 13 & 14)*

## ROLE-PLAY SCENARIOS: *(choose one)*

1. A camper is angry and refuses to participate in a group activity, saying it's boring and pointless.
2. Two campers have a disagreement and start calling each other names, escalating into a heated argument.
3. A camper is upset after losing a game and starts to cry, saying they are always picked on and never win.



# Applying Skills to Real-World

## INSTRUCTIONS:

1. Answer the reflection question in your Participation Guide (*page 16*)
2. Conduct a group discussion on applying these skills in the real-world
3. Present your ideas and construct an action plan with your group (*page 17*)

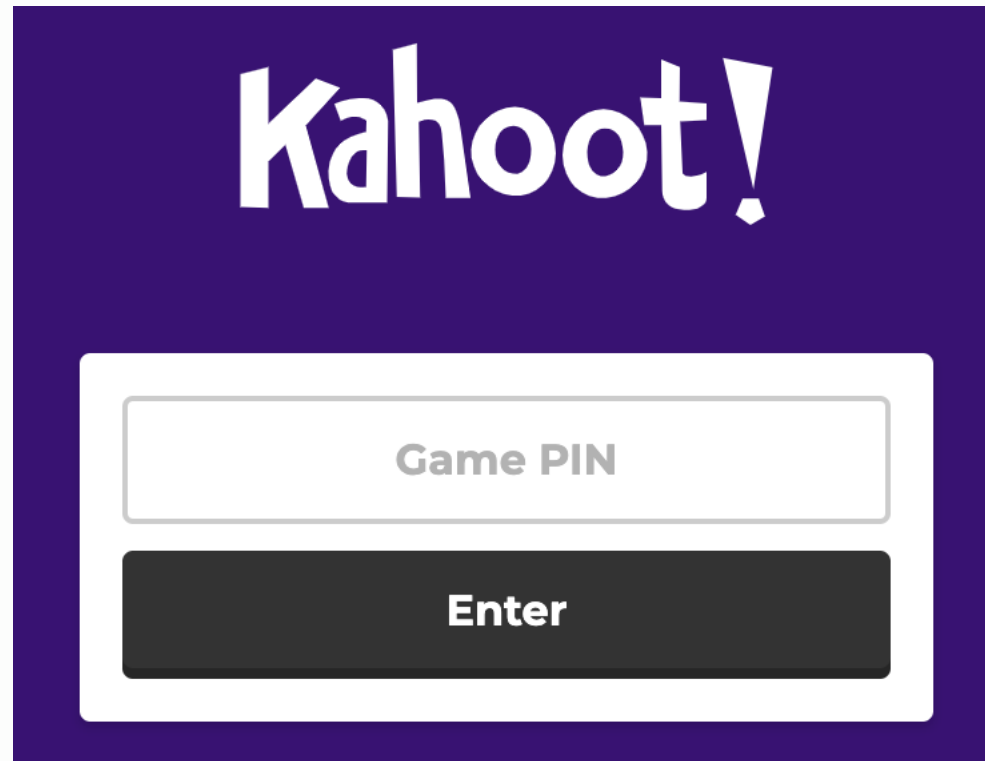
## DISCUSSION PROMPTS:

1. How can you ensure you stay calm during a real conflict at camp?
2. What steps will you take to assess the safety of a situation?
3. How will you respond appropriately to different levels of conflict?



# Conflict Resolution Quiz

Open **Kahoot!** and Return Here When Done.



# Closing and Q&A

**Thank you for participating.**


## KEY POINTS:

1. Importance of conflict resolution in camp settings
2. 3 Steps: Stay Calm, Assess for Safety, and Respond Appropriately
3. Role-playing scenarios and practical applications

## QUESTIONS & ANSWERS

## FINAL THOUGHTS





“The ultimate measure of a person is not where they stand in moments of comfort and convenience, but where they stand at times of challenge and controversy.”

— M a r t i n L u t h e r K i n g , J r .