



Hope for Kids

Conflict Resolution for Camp Counselors

PARTICIPANT'S GUIDE



HOW TO BECOME A CAMP SUPERHERO!



Welcome to Conflict Resolution for Camp Counselors

COURSE GOALS

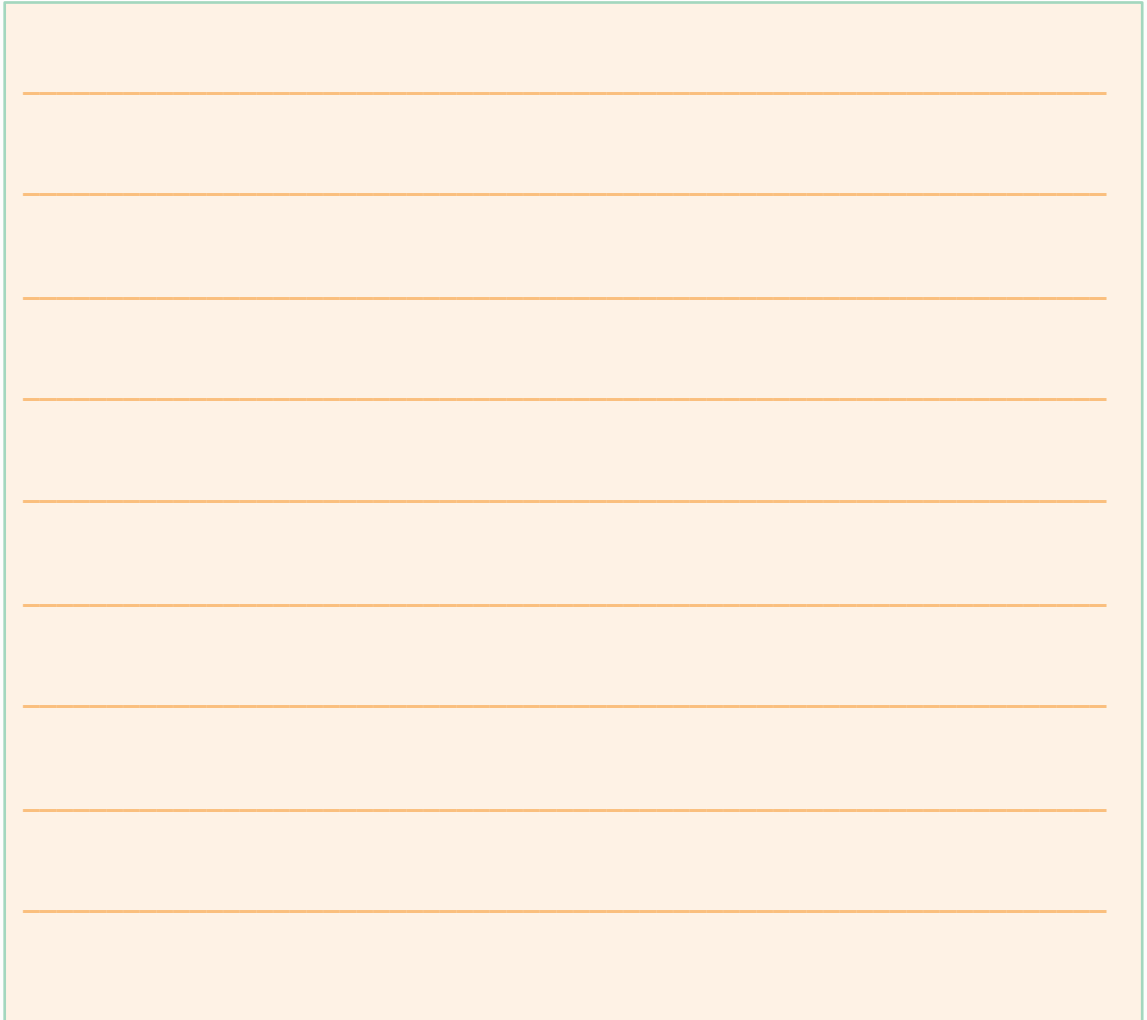
1. Gain effective conflict resolution skills.
2. Learn how to stay calm, assess safety, and respond appropriately during conflicts.
3. Foster a supportive and positive camp environment.

TODAY'S AGENDA

1. Ice-Breaker Activity
2. Lecture
3. Scenario Video
4. Small Group Role-Play and Brainstorming
5. Real-World Application Discussion
6. Conflict Resolution Quiz
7. Closing and Q&A

My Notes

Jot down your initial thoughts or any specific questions you hope to have answered during the session.



**"Peace is not the absence of conflict, but the ability to handle conflict by peaceful means."
— Ronald Reagan**



Ice-Breaker Activity

Think-Pair-Share Reflection

INSTRUCTIONS:

- Reflect on a time you successfully resolved a conflict. What strategies did you use? What was the outcome?"
- Pair up with the person next to you and discuss your experiences.
- Take notes on key points from your discussion

1

PERSONAL Reflection:

- My Conflict Resolution Experience
- Strategies Used
- Outcome

2

PARTNER'S Reflection:

- Partner's Conflict Resolution Experience
- Strategies Used
- Outcome

POST REFLECTION:

What common strategies emerged in your discussions? _____

What can we learn from these shared experiences? _____



Introduction to Conflict Resolution

Conflict Resolution

Conflict resolution is the process of resolving _____ by meeting each side's needs and addressing their _____.

In a camp setting, conflict resolution is crucial as it helps maintain _____, ensures _____, and promotes a positive camp _____ for all.

Types of Conflict:

1 _____

2 _____

3 _____

Steps to Effective Conflict Resolution:

1 _____

2 _____

3 _____

Reflect on Past Experiences:

What types of conflicts have you encountered in your past experiences?

How did you handle them?" _____



Conflict Resolution (cont'd)

What types of conflicts have you encountered in your past experiences?

How did you handle them?"



Reflection:

How can understanding these steps help you as a camp counselor?

What new strategies can you apply from today's discussion?



Handling Conflict Resolution

Handling Conflict Resolution

INSTRUCTIONS:

- While watching the video, pay attention to how the camp counselor stays calm, assesses the situation for safety, and responds appropriately.
- Take notes on specific actions and techniques you observe in the video



① How did the counselor demonstrate staying calm?

Handling Conflict Resolution

② What actions did the counselor take to assess the situation?

③ How did the counselor respond to the conflict appropriately?

REFLECTION:

Write down any additional thoughts or insights you gained from the video and discussion.



Role-Playing Conflict Resolution

Role-Plays

INSTRUCTIONS:

- In your groups, enact the assigned scenario where a counselor must resolve a conflict between campers.
- Observers should take notes on the following aspects:
 1. How did the counselor demonstrate staying calm?
 2. What actions did the counselor take to assess the safety of the situation?
 3. How did the counselor respond to the conflict appropriately?

SCENARIOS:

1. A camper is angry and refuses to participate in a group activity, saying it's boring and pointless.
2. Two campers have a disagreement and start calling each other names, escalating into a heated argument.
3. A camper is upset after losing a game and starts to cry, saying they are always picked on and never win.

NOTES SECTION

Record your observations and insights from the role-playing activity

DISCUSSION QUESTIONS:

1. What challenge did the counselor face?

Role-Plays (cont'd)

DISCUSSION QUESTIONS (cont'd):

2. How did the counselor in your group stay calm, assess safety, and respond appropriately?

3. What did you learn from observing or participating in the role-play?

"Peace is not merely a distant goal that we seek, but a means by which we arrive at that goal."

— Martin Luther King, Jr.

REFLECTION:

Write down any additional thoughts or insights you gained from the role-playing activity and group discussion.? _____



Applying Skills to Real-World Settings

Real-World Skills

GROUP DISCUSSION INSTRUCTIONS:

- Reflect on the role-playing activity and the 3-step conflict resolution process.
- Discuss with your group how you can apply these skills in real-world camp scenarios.
- Present your ideas and action plans to the entire group.

DISCUSSION QUESTIONS:

1. How can you ensure you stay calm during a real conflict at camp?

2. What steps will you take to assess the safety of a situation?

3. How will you respond appropriately to different levels of conflict?

Action Plan

INSTRUCTIONS:

- In your group, create an action plan detailing how you will apply the 3-step process in real-world scenarios.
- Be specific and practical in your action plan.
- Prepare to present your group's ideas and action plans to the entire group.
- Take notes on key points and insights from other groups' presentations.



REFLECTION:

Write down any additional thoughts or insights you gained from the group discussions and presentations. Consider how you will personally implement these conflict resolution strategies in your role as a camp counselor."

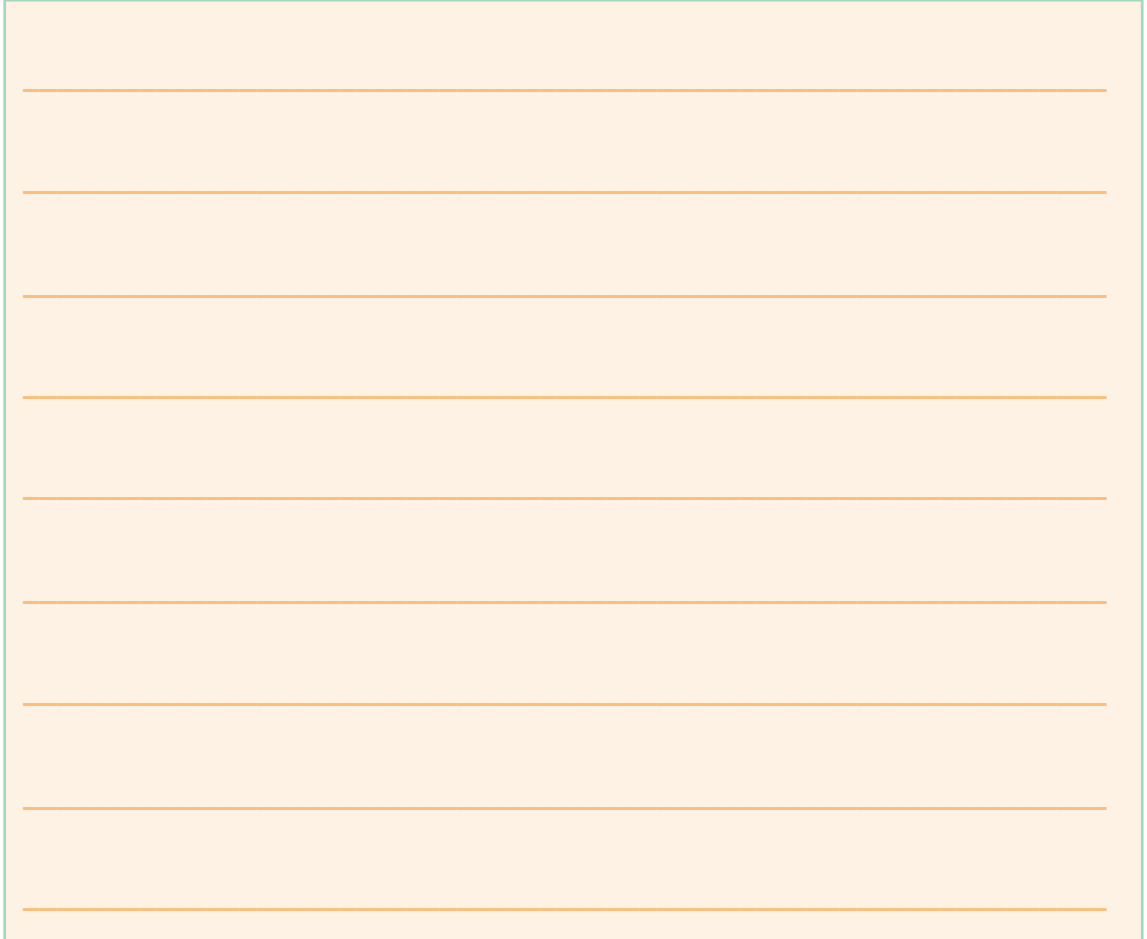


Conflict Resolution Quiz

Conflict Resolution Quiz

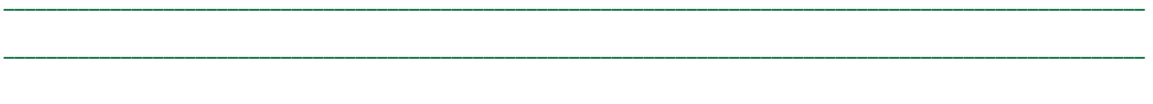
INSTRUCTIONS:


- Note down any questions you found challenging and review the correct answers provided.



REFLECTION:

Write down any additional thoughts or insights you gained from the group discussions and presentations. Consider how you will personally implement these conflict resolution strategies in your role as a camp counselor."





Recap and Final Thoughts

Recap and Final Thoughts

KEY POINTS:

- Importance of conflict resolution in camp settings
- Three steps: Stay Calm, Assess for Safety, Respond Appropriately
- Role-playing scenarios and practical applications

Note down any questions or reflections you have from today's session.

“The ultimate measure of a person is not where they stand in moments of comfort and convenience, but where they stand at times of challenge and controversy.”

— Martin Luther King, Jr.

Thank You for Participating!

